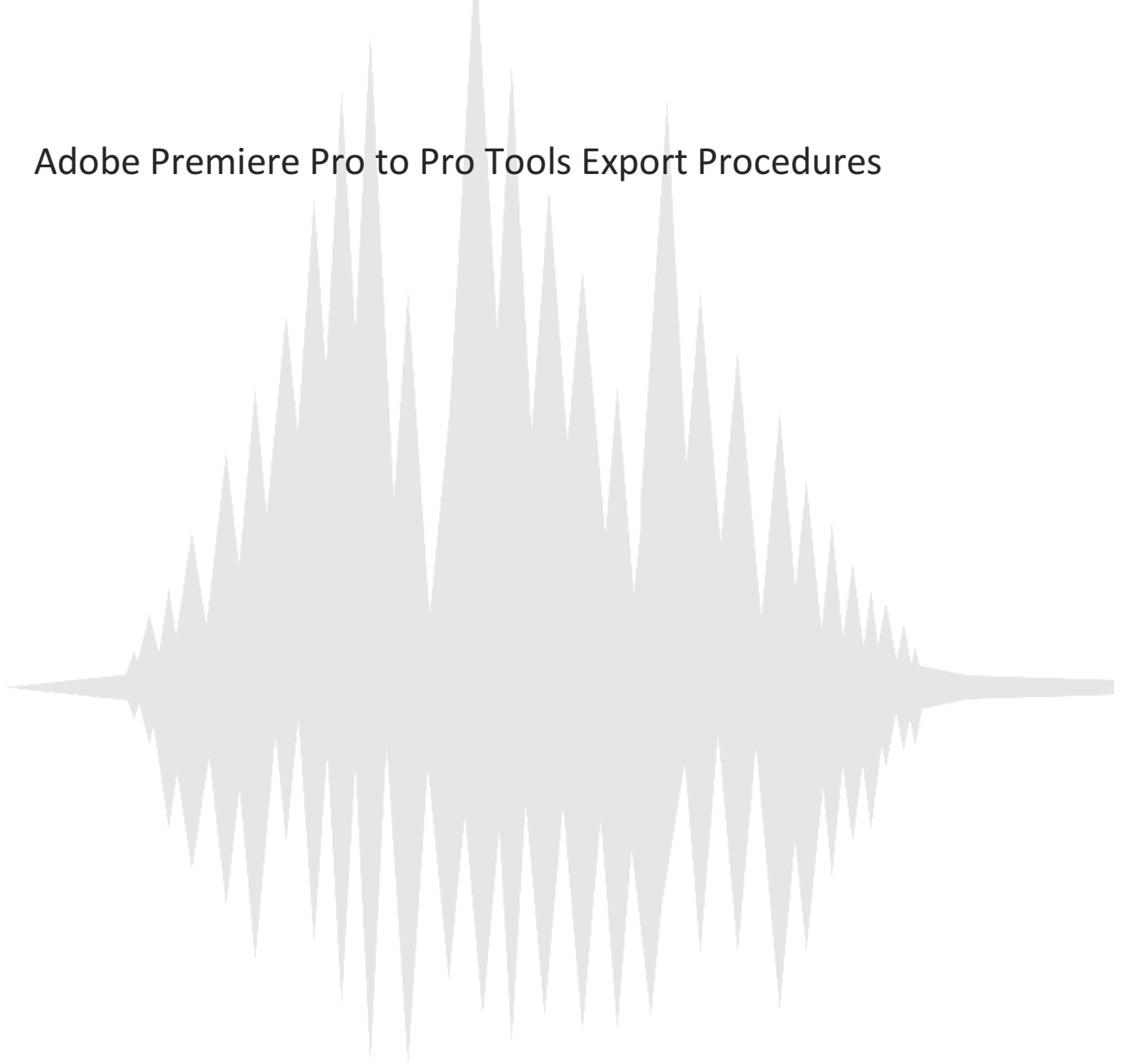


# *FLAGSHIP STUDIOS*

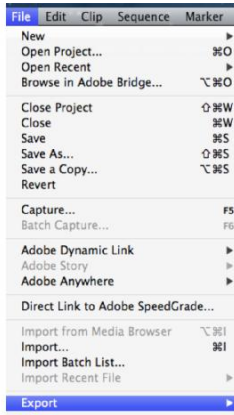
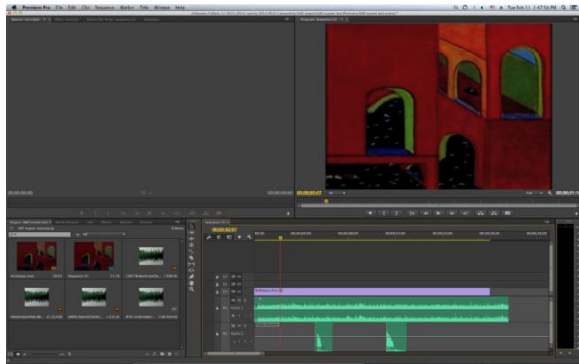
Adobe Premiere Pro to Pro Tools Export Procedures



*2016*

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From your Premiere sequence with audio tracks, **Export -> OMF...**



**OMF** stands for **Open Media Framework**. An **OMF** is a translator between video editing software and Pro Tools.

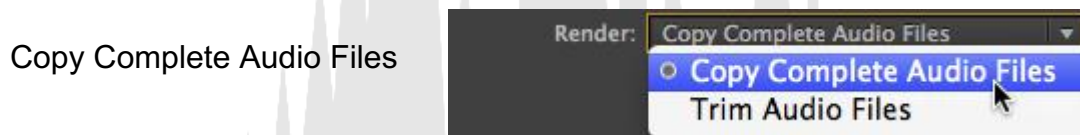
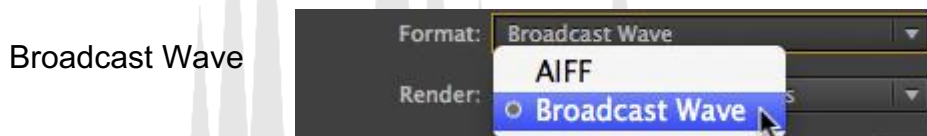
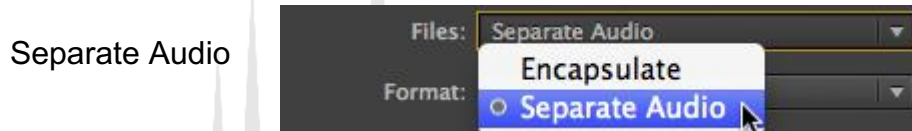


This window will appear. Give the **OMF** a **Title** that has some meaning.



There are several pulldown menus where you set parameters for your **OMF** export.

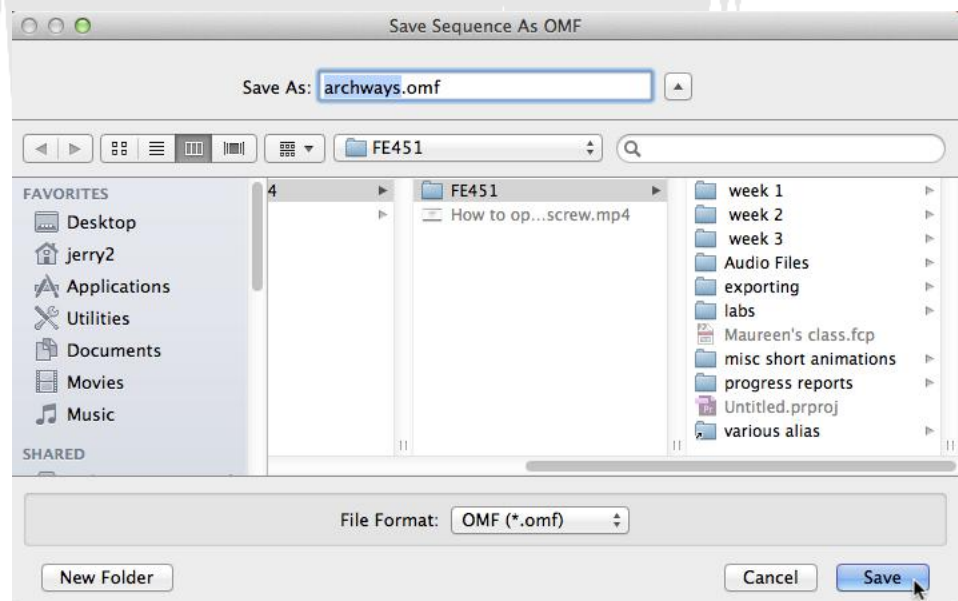
***It is imperative that these parameters be set correctly. Otherwise your OMF will not work when imported into Pro Tools.***



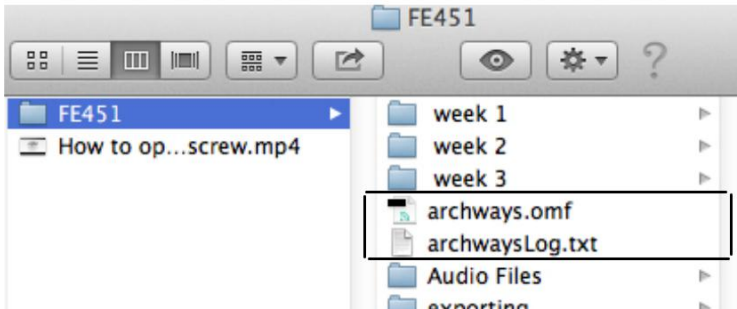
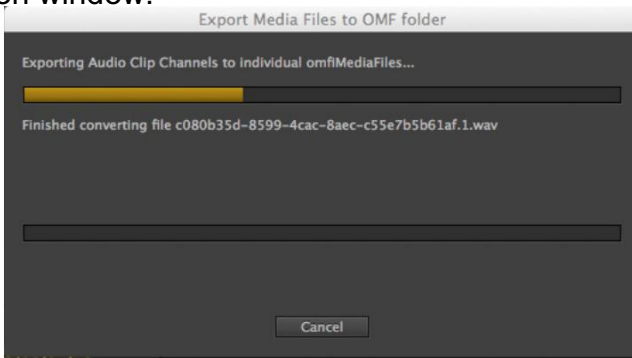
When all of the parameters are set properly, click **OK**.



Specify a place for the **OMF**.



You will get a progress window then an information window.



The **[name]Log.txt** is a duplicate of the **OMF Export Information** window. Please include this text file with your OMF file!

